

My Story – Mari

I was asked if could share my story by my counsellor from Miscarriage Support and to explain if counselling worked? One simple word “Yes”. 2009 was the hardest year of my life, yet it was also a massive breakthrough year that changed my life and attitude towards life forever.

I fell pregnant for the first time during the summer of 2009 and was absolutely delighted. It wasn't planned and was the last thing that I wanted at the age of 23. I was over the moon.

My baby only lasted to 8 weeks and I miscarried. I hardly grieved or mourned I just turned angry and hostile. My one and only aim was to fall pregnant again.

I was nowhere near ready but fell pregnant again soon after. I was again really excited and was sure that I wouldn't lose this baby, but sadly this baby turned out to be ectopic. I was a mess; I was empty and felt alone as if nobody understood.

Someone referred me to Miscarriage Support and I was scared about digging into my true emotions again. I met my counsellor and immediately felt relief. She gave me hope, no false expectations and said all the correct things, she changed my life.

Four years later I have become a successful beautician, met my soul mate and became a mummy to a beautiful little boy on December the 18th. Every day, I look into his eyes; I have the baby I was meant to have. Dreams do come true.

Mari and Bobby xx

